

# LIONETTES

## FOOTBALL ACADEMY

**LAUNCH DATE 09.03.24**

New City College - Havering Sixth Form,  
Wingletye Lane, Hornchurch RM11 3TB

Younger (5 to 11 years) 10am-11am

Older (11 to 16 years) 11am-12pm

**FREE**  
TASTER SESSION  
AVAILABLE  
**BOOK TODAY**



EXPERIENCED FEMALE COACHES

### About Us

The Lionettes Football Academy will run every Saturday at New City College - Havering Sixth Form, Wingletye Lane, Hornchurch RM11 3TB. We work with girls of all abilities from ages 4 to 16 with our focus for the sessions on ball mastery and development of technique, as being able to manipulate the ball is essential in the modern game. No session is the same with a strong emphasis on the players having fun!

**TRY THE LIONETTES FOR FREE - BOOK HERE**

<https://holloway-coaching-ltd.classforkids.io/>

### Our Coaches

**The girls will be coached by two female ex professionals players Emma Sherwood and Kim Bignall.**

#### Emma Sherwood

Emma is an experienced UEFA qualified coach with over 14 years experience and an ex professional football player for Chelsea, West Ham and Charlton ladies. Emma has also represented England's college team for over 2 years becoming top goal scorer in her time.

**Coach quote:** *I have a passion to help the next generation of footballers, deliver high quality sessions to maximise technical and tactical demands of players and help unlock the full potential in players.*

#### Kim Bignall

Kim is an experienced UEFA qualified coach who is passionate about developing individuals, opportunities for girls, creating a fun & enjoyable environment and supporting girls reach their potential. Having played football since a young age, including a spell at Wycombe Wanderers ladies and having coached a range of ages and abilities, including coaching girls' community and academy sessions at Charlton Athletic Kim brings a wealth of knowledge and experience.

**Coach quote:** *Hard work beats talent, when talent doesn't work hard*



Contact us: 07778 874 029 or email [info@hollowaycoaching](mailto:info@hollowaycoaching)